



Quiz: “How Prepared Are You for Family Court?”

Step 1: Welcome

- “Take this quick quiz to see how ready you are for your upcoming court date and get personalized tips.”

Step 2: Questions (Multiple Choice/Yes-No):

1. Do you know the date and time of your next hearing?
2. Have you gathered all your paperwork in one place?
3. Do you understand the main terms you’ll hear in court?
4. Have you practiced any calming techniques for stress?
5. Do you have someone you can talk to for support?
6. Have you prepared a list of questions for your solicitor?
7. Are you clear about what outcome you want from court?

Step 3: Results

- **Mostly Yes:** “You’re well on your way!”
- Buy our courses to really arm yourself, subscribe for the webinars, buy the book.”
- **Mostly No / Some No:** “You’re not alone, many people feel unprepared.
- Buy our courses to really arm yourself, subscribe for the webinars, buy the book.”
- **Tailored Advice:** Link to your toolkit, email course, and support group.